



2023 Canteen Menu- Fridays

Starts Friday 28th April

Our school promotes the consumption of fruit and vegetables and healthy food options in line with the Australian Schools Canteen Guidelines. These guidelines arrange food into the following categories:

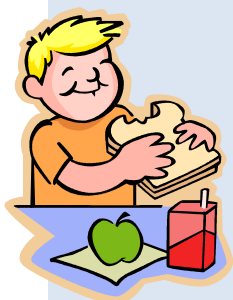
✓ **GREEN**- Always foods + **AMBER**- Select carefully foods X **RED**- Not recommended foods

The College canteen will **not** sell foods belonging to the RED "Not Recommended" Category.

Term 2 MENU – Place orders on *Thursday Morning*

Green Food			Amber Food	
			BAKERY ITEMS	
			Pie	4.50
SUSHI ROLLS		Full	Party Pie	1.50
Vegetarian Roll (GF)		3.00	Vegie & Cheese Pasties	4.00
Teriyaki Chicken Roll		3.00	Meat & Vegie Pasties	4.00
Tuna Salad & Cheese Roll		3.00	Vegan Pasties (Vegan)	4.00
(Sushi Rolls are now made in house)			Spinach & Ricotta Roll	3.00
WRAPS		Full	Half	Plain Sausage Roll
Chicken, Ham, Tuna or		5.00	2.50	Sweet Chillie Sausage Roll
Plain Salad		5.00	2.50	Dim sims (steamed) each
			CAKES & MUFFINS	
			Homemade Banana / Carrot	3.00
			Choc Slice	2.00
BURGER			Muffin (Banana & Choc Chip)	3.00
Chicken Burger <u>w</u> lettuce, cheese & mayo.		5.00	DRINKS & DAIRY	
SNACKS			Milkshakes- Choc, Strawberry, Lime	4.00
Popcorn Tub		1.00	FROZEN Yoghurt or Icy Poles	2.00
			Fruit Juice- Apple, Orange, Apple & Blackcurrant	2.00

NOT AVAILABLE FOR TERM 2



Please remember: Orders must be placed on Thursday Morning for Friday Canteen.

Lunch order bags 10 cents each- available from the general office.

Orders will be delivered to your child's room at 1.30